GALLUP*

CliftonStrengths® Discovery Course

Session Date: Time:

Gallup-Trained Course Leader:

What am I great at? How do I pinpoint what I do best? How do I use my natural talents to be more successful?

The search for both meaning and success starts with these three questions. The CliftonStrengths Discovery Course will help participants answer these crucial questions.

This course incorporates findings from Gallup's extensive, ongoing research into how people can become highly effective and efficient by intentionally applying their talents and strengths. This full day of discovery will take participants on a journey that begins with an awareness of their own unique blend of talents. Participants will learn how to take ownership of their personal talents and strengths and to appreciate their individuality and the valuable contributions they offer. This knowledge will then help them focus on specific goals to achieve greater personal and professional success.

Who Should Attend

This program is for individuals who want to achieve their greatest potential by using their natural talents.

What You Can Expect

During this power-packed course, participants will gain a clearer path to success. Participants will learn their top talents as well as strategies and techniques to develop them.

Before attending this course, participants must complete the CliftonStrengths assessment to identify their most dominant talent themes.

During this course, participants will gain:

- insights into their natural talents by working with their CliftonStrengths Signature Themes Report and their Strengths Insight Report
- · an understanding of how strengths develop
- the ability to harness their talents and strengths for greater personal productivity and engagement
- tools and insights that will help them use their natural talents to fulfill their goals and achieve their greatest potential

Participants will receive the CliftonStrengths Discovery packet. By combining the tools in the packet with the education they acquire during this course, participants will have a clearer path to success.

For additional information, contact:

Program Format

One-day course

Prerequisites

None

Course Overview

Discover Your Path to Excellence

Put a Name to Your Talents

Claim Your Power and Edge

Aim Your Talents at Excellence

Your Pursuit of Excellence

Strengths Develop in Response to Others

Develop Your Strengths; Manage Your Weaknesses

Claim Your Path to Excellence

CliftonStrengths® Discovery Packet

The CliftonStrengths Discovery packet translates decades of Gallup research about talents, strengths, individual performance and personal development into an approachable and agile set of tools to help individuals learn more about their most dominant talents. The packet also provides numerous ways for individuals to practice using their talents in their work and life.



CliftonStrengths Discovery Workbook

This workbook guides participants through the activities and experiences of the course. It provides participants with a place to explore, test and refine their notions about their natural talents and how to bring them to life every day. Through the CliftonStrengths Discovery Course and this workbook, participants get simple conceptual strategies, new techniques and thought-provoking questions that enable them to turn their natural talents into strengths.



CliftonStrengths Resource Guide

This powerful resource provides participants with a deeper understanding of each of the 34 talent themes that the CliftonStrengths assessment identifies. The guide includes theme descriptions, action items and insights into the power of each theme. This resource guide helps participants better understand their talents so they can more deliberately practice using them.



CliftonStrengths Discovery Cards

This set of cards is a learning tool participants can use to start developing their talents. This resource will help participants examine the subtle differences and distinct power among their dominant CliftonStrengths themes.



CliftonStrengths Quick Reference Card

This resource contains a short definition for each of the 34 CliftonStrengths themes.



CliftonStrengths Signature Themes Report

This customized report includes the participant's dominant CliftonStrengths themes and descriptions of talents often found within those themes.



Strengths Insight and Action Planning Guide (Personalized)

The Strengths Insight and Action Planning Guide (Personalized) is a customized report based on the participant's individual responses to the CliftonStrengths assessment. It includes personalized strengths insights and action items that can help an individual start to intentionally apply the talents within his or her dominant themes.